



Pre-Qualification Document

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Introduction

Bahrain Post-Tension Contracting "BPT" is a specialized Post-Tension contracting company which has stamped its strong presence in the market by virtue of successfully completed projects and satisfied clientele. BPT is rapidly emerging to be the contractor of choice for leading developers, consultants and building contractors. Based on track record and its resolve to relentlessly excel each day, BPT is aiming to be the market leader in the Post-Tensioning business.

Our Strength

BPT prides itself in its unconditional and continual pursuit of improvement. With an array of highly skilled manpower lead by a team of professional management, BPT is adequately equipped to take on projects of varied nature and sizes. We also benefit from having a strong supply-chain mechanism in place to ensure timely, cost effective and quality approved material and machines.

At BPT we believe in partnering with our clients to achieve a win-win outcome. Hence, we engage with all stakeholders very closely right from project inception stage until it reaches successful completion.

Our in-house design and engineering team as well as project team endeavors to work in close coordination with the consultants to maintain synergy between all stakeholders and maximize cost efficiency.

We not only strengthen concrete, but by virtue of our constant and zealous pursuit for excellence, we strengthen partnerships with our clients, suppliers and employees alike. **"Strengthening is our strength"**

Our Mission

Provide technically advanced and robust Post-Tensioning services to meet the demands of a challenging structural engineering sector by providing cost and time effective solutions and by pursuing continual improvement in all aspects of our business.

Our Vision

To be recognized as the most reliable partner for the construction industry, providing timely and cost effective services and be a market leader in the field of Post-Tensioning.

Safety Commitment

Providing a safe and incident-free work environment for our employees is an integral part of BPT goal to achieve operational excellence. BPT ensures strict adherence to all safety norms and strives to achieve incident free record at all times.



OUR CORE VALUES



We focus on building strong, long-term relationships with our clients, as we consider it to be the most important contributor to our success.

We make conscious efforts to do everything necessary to make our partnership with clients a rewarding experience for all stakeholders.

Working with prestigious clients, consultants, subcontractors, suppliers and different government agency makes us grow in pace with their growth. Our goal is to grow our business by 25%, every year.

Our employee's talent, skills and experience is the cornerstone of our success and helps to create value for our clients, and generate loyalty in our investors. Hence we create an environment where our employees meet fresh, exciting challenges and experience the satisfaction of a job well done while getting rewarded for their performance.

QUALITY POLICY AND OBJECTIVES

- Understanding our clients business requirements to ensure highest quality service and build mutually beneficial partnership
- Assuring clients on the qualification, ability and professionalism of our team members to deliver at every aspect of the projects.
- We believe in being a team player and extending our support and cooperation in all aspects of the project.
- Our environmental, health and safety policies are a priority specifically at job sites to avoid even a single accident from occurring. We focus on improving our safety standards by educating and involving workforce in the importance of safety.

MANAGEMENT OBJECTIVES

- Enhance client satisfaction: Reduce customer complaints by 20% annually
- Maximize Employees contribution to achieve Organization's Vision and Objectives.
- Widen Organization's capabilities to meet client requirements
- Minimize negative impact on the environment due to organization's activities.
- Sustain, where possible improve, profitability of the business operation.



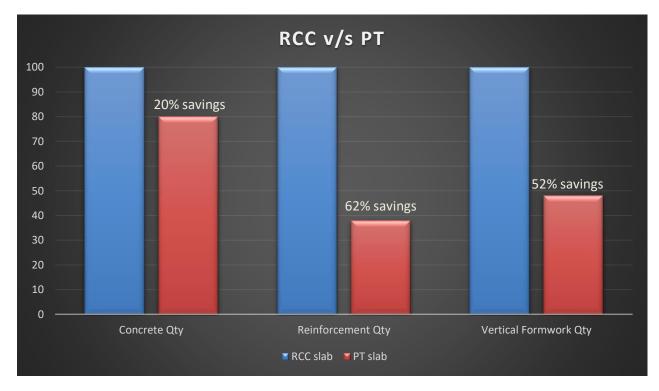
Post-Tensioning

Post Tensioning is a process of reinforcing or enhancing concrete strength by placing high strength stressing steel strands before casting and later stressing it. Post-tensioning is a form of pre-stressing which simply means that the steel is tensioned before the concrete has to support applied loads. This method of construction has, over the past 30 years, been widely used in many countries due to its several benefits over conventional methods.

Benefits of Post-Tensioning

- Strength and increased resistance to differential movement in slabs, rafts and beams
- Eliminates/Reduces deflection
- Eliminates/Reduces cracks in slabs
- Faster construction cycle reducing duration of formwork, scaffolding and manpower
- Economical as lesser reinforcement and concrete is used
- Greater spans possible due to fewer beams required
- Thinner slabs for increased height advantage
- Reduced building mass especially significant in high seismic zones

Below graph illustrates typical average savings with the use of Post-Tensioning "PT" slabs compared to RCC slabs:



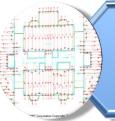


Our Services

Turnkey Post-Tensioning Works



Complete design, supervision, supply of material, manpower and installation of Post-Tensioning as per project drawings and specifications.



Designing

We can provide Post-Tensioning design based on project consultants drawings, specifications and requirements.



Structure Value Engineering

Our team can provide consultancy on alternative design solutions for rafts /beams/slabs to achieve cost reduction and time efficiency.

Supply



We can supply on a stand alone basis any element of the Post-Tensioning process including design, supervision, material, equipment and manpower.



Applications

BPT is fully equipped to provide complete turnkey Post-Tensioning services and solutions from consultancy, design, supervision through construction for commercial, industrial and residential projects such as:

- Residential buildings/towers
- Office complexes
- Private villas
- Bridges
- Car parks
- Hospitals
- Airports
- Showrooms
- Shopping Malls
- Schools/Institutes
- Restaurants
- Sports facilities
- Mosques
- Warehouses



RAFT AND TRANSFER SLABS

A raft slab, also known as a 'Slab on Grade', is used at the base of a structure to support the load from above via a number of integrated edge and internal beams designed within the concrete floor plate. Airports, car parks, warehouses and water tanks around the world are currently benefiting cost-effective design and construction solutions of Post-tensioned on grade slabs.

By using Post-tensioning there are proven savings of in the range of 20% to 70% and in some cases eliminates all piles. The properties of a transfer slab are very similar to that of a raft slab, the only difference being its location within the structure. Transfer slabs occur where engineers need to shift the structural load through a building, for example where a column layout is arranged over another. The multi strand system can be used in the edge and internal beams of the slabs to help control and transfer the extremely high localized forces. Beams of up to two meters thick are not uncommon but





when compared to traditional reinforced concrete methods, a multi strand solution is far superior in the efficiency of beam height, construction time and budget.

Advantages for Raft Slabs

- Faster construction, reduced excavation and sub-base preparation.
- Ability to cast slabs on grade greater than 2,500 M2 without joints with reduced chances of cracking.
- Greater savings, less concrete and minimal reinforcement required.
- Post-tensioned slabs on grade can carry greater loads than those that have been traditionally designed and have reduced ongoing maintenance costs.

Advantages for Transfer Slabs

- Superior efficiency of beam height using Multi strand solution
- Reduced construction time
- Greater savings, less concrete and minimal reinforcement required.



FLAT PLATE SLABS

Post Tensioned system enables the most efficient continual span of concrete at the minimal thickness supported only by columns. No column capitals or beams are incorporated,

allowing maximum flexibility in ceiling zones. By using Post Tensioning there are proven savings of up to 25%.

This strong, slender and efficient structure not only provides designers and engineers with a blank canvas, but the construction delivery is also more economical than traditional reinforced concrete.

Advantages tor Flat Plate Slabs

- Up to 50% reduction in handling of materials across a deck
- Up to 20% savings in concrete
- Up to 60% savings in reinforcement
- No vertical formwork, excluding the perimeter and pours
- Optimal clear/direct run layout
- Maximized floor to ceiling heights
- Space planning optimized









BAND BEAM SLABS

Bahrain Post Tension's solution to the construction industry's continuous push towards fewer columns, economical designs and on time delivery is smart, efficient band beam slab design. By using Post-tensioning there are proven savings of up to 25% in a Band Beam System in concrete structures.

This one or two way suspended slab system can typically span between 10 to 16 meters clear of columns. The Bonded system utilizes 12.7 mm or 15.2 mm diameter 7-wire low relaxation strands in tendons which consist of up to five strands. Anchored at one end the strands are housed within a flat galvanized duct to achieve efficient drape within the depth of shallow concrete members.



The strands are individually stressed up to the designed load and gripped by wedges. The duct is then filled with a cement grout to bond the system and further protect it from corrosion.

A sound band beam design can incorporate functional demands from the location and spacing of columns to core or specific services.

Advantages for Band Beam Slabs

- A strong, slender and efficient structure with design flexibility
- Reduced slab thickness and greater spans in concrete
- Greater floor to floor heights or additional levels
- Reduced foundation loads
- Controlled slab deflection and cracking
- Savings in material costs, and minimum maintenance costs
- Less material handling, early formwork stripping and faster construction time





TANKS & SILOS

In many ways, concrete is the perfect material for the construction of storage containers, being resistant to abrasion and to a wide range of chemical attack. In particular cylindrical tanks and silos maximize efficiency by offering the greatest internal volume for a given quantity of material. Such shapes are also readily Post tensioned, the wires or tendons accommodating the curvature with ease.

By using Post-tensioning there are proven savings on water tanks of up to 30%.

Advantages for Tanks and Silos

- Increased volume efficiency
- Post-tensioned strand lends itself to the curvature of the structure
- Greatly reduces the amount of radial reinforcement required within the structure
- Increased speed of construction, making better use of the slip form











MULTISTRAND

Multi-Strand system is used extensively in projects throughout the world. The most common use is in transfer beams, underground and submerged structures, bridges, headstocks and tank structures. This system is the traditionally recognized Post-tensioning solution and tends to be more common in situations where extremely high localized forces are required.

A MultIstrand system uses up to 55 multiple strands (12.7 mm or 15.2 mm) to form the tendon which is inserted into a single circular galvanized or plastic corrugated duct. The end of the strands are placed in individual holes within the metal anchor head and simultaneously stressed. The strands are stressed simultaneously followed by pressure grouting.

Advantages of the Multi-Strand System

- Reduction of depth of beams (common depth/span ratios of 1:20)
- Allows for significantly lower concrete strength prior to stressing, resulting in shorter construction cycles
- Less reinforcement in the anchorage zone is required, resulting in time, labour and cost savings
- Increased span lengths and load-carrying capacity with reduced deflection

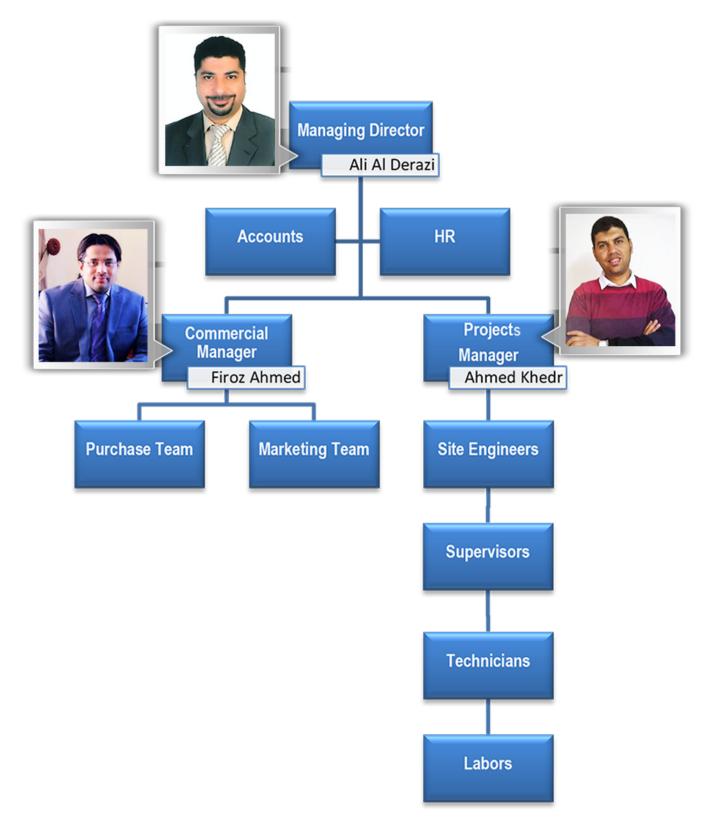








Our Team





LICENSES AND CERTIFICATES

BAHRAIN POST TENSION CONTRACTING [BPT]







Kingdom of Bahrain Housing Projects Construction & Maintenance Directorate Construction Management Section "B"



محلكة البحرين إدارة إنشاء وصيانة المشاريع الإسكانية قسم إدارة الإنشاءات °B°

SUB CONTRACTOR A	APPROVAL FORM FORM No. :
For Contractor Use :	
Main Contractor: Fundament_SPC	Site: 180, Block 339 @ Um Al Hassam
Project: 1No.10Storey Apartment Building	Type 'AU', Contract 'D'
Contract No.: <u>HP/10/13</u> Start Date :1	9/10/2013Completion Date: 18/07/2014
We here by request approval to the following sub contractor	to work on the above mentioned project and as follows:
Sub-Contractor Name: Fundament SPC (in hou	se) 02.01.2014 C.R. NO: 69393
Work To be Sub Contracted : Post - Tensioning	-21
Work To be Sub Contracted : Post - Tensioning Contact Name : Mr. Jaysen Daware	14699 Tel. No: 38444375
Signed for Main Contractor : Jmlawant Stamp : #1173AM Nucleon to 1 Nucleon to 1	Date 24/12/2013
Enclosures (Please Tick) :	Julie Tulie
List of undergoing/ completed projects with locations	and dates.
Sub contractor resources/ manpower/ plants etc.	
Sub contractor manpower which will be used on the a	bove site qualification/ experience/ CPR number.
List of tools and equipment to be used.	
Appraisals of the sub contractor on previous projects.	
Copy of valid Ed license. (For Electrical Sub Contract	or only).
Copy of valid Wiremen License. (For Electrical Sub C	contractor only).
For MOH	
S.S.E: It is recommended to Approve / CReject	Head, Construction Projects Section "B"
	It is recommended to DApprove / Reject
Signature : Ma & Date : 34/12/18	Signature : Date :
Comments :	Comments :
Chief, Construction Management Section "B" Signature : Date :	12/13 Approved Rejected
Note : This approval is subject to satisfactory workmanship and p	erformance of sub contractor on site.





Construction Projects Directorate

CP/CS1/134/2015. 08th June 2015.

M/s. First Kuwaiti for General Trading & Contracting P O Box: 480 Al-Souk Al-Dakhli, Fax: +965 1800 600

Attn: Samia Adra, Project Manager

Dear Sirs,

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Project: Comprehensive Handicapped Complex for Ministry of Social Development at A'Ali Job No. 12 056, Contract No. CPD-14/10

With reference to your letter No.: FKTC/BH-078/2015 dated 10th May 2015, please be advised that we have no objection to your proposal to appoint M/s S.F. Post Tensioning – Fundament SPC, P.O Box-659, Manama, Kingdom of Bahrain, as your sub-contractor to carry out Post Tensioning works for the above mentioned project.

Furthermore, this approval shall not relieve the Contractor from any liability or obligation under the Contract and the Contractor shall remain responsible for the acts, defaults and neglects of any sub-contractor and its agents, servants or workmen as per clause 3.2 (page 18/19) of the "Standard Contract Agreement and Conditions of Contract" (copy attached).

Yours faithfully,

Shehab Ali Bader Chief, BCSS

CC: CBDS/CC&BMPS (QS) GCC Program Manager (Sameh El-Refaay) HCSG / Project Manager FILE.

RTP





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POLICY SCHEDULE

Policy No. 1701GAPI000171 Original Insured 1 BAHRAIN POST TENSION CONTRATING CO Policy Period 12 months from 29th July, 2017 to 28th July, 2018 Retroactive Date 29th July, 2017 Trigger 1 Claims Made Insured's Activity Post tensioning works Scope of Cover Professional Services Estimated Annual fees BHD 180,000/- Territorial Limits I Kingdom of Bahrain Isticuding costs and expenses during the policy period Deductible Isticuding costs and expenses during the policy period Deductible BHD 18000/- any one claim and BHD 1,000,000/- in the aggregate including costs and expenses Original Conditions Image: Second S	Type/Class	Professional Indemnity - Annual Cover
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Qatar QFC Branch	فرع قطر	Head Office	لمركز الرئيسى
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Fax. (+974)	فاکس. 4916445		فاکس. 17582688
افل عامر وعائلي	ن المركزي كشركة تك	قبل مصرف البحرير	ئىركة مرخصة من
Licensed as a	General and Fami	ily Takaful Comp	pany by the CBB

Takaful Hotline: 8000 8050

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not meet the statutory requirements for Decennial Liability (i.e. ten-year joint several liabilities as per the Civil Code of the Country). Premium : As Agreed Claims Experience : Nil claim for the past 5 years confirmed in the copy signed and dated proposal form provided		 Excluding all matters, which have been notified to the insured or of which the insured is aware at inception Excluding cover for any kind of guarantee or warranty whatsoever in respect of reaching the intended target production War, sabotage and Terrorism Exclusion NMA2918 Total Asbestos Exclusion Cyber Risk Exclusion Radioactive Contamination And Explosive Nuclear Assemblies Exclusion Clause NMA1622 Public & Product Liability Exclusion Excluding any claim arising out of what would otherwise be covered under the following insurances; Contractors All Risk; Erection All Risk; Machinery Breakdown; or their equivalent. Excluding agents, Sub-Consultants, Sub-Contractors Consequential Loss exclusion Single Project Professional Indemnity Exclusion Marine liability – totally excluded Excluding punitive or exemplary damages, fines, penalties, liquidated damages or the return or withdrawal of professional fees or any other damages resulting from the multiplication of compensatory damages If the supervision services are included in the coverage, irrespective of whether contracts are signed under a design & construct project structure or not, this insurance does not provide cover for claims arising out of the day to day supervision of labour and construction work which under a traditional form of contract would normally be the responsibility of the building or engineering contractor rather than being the professional duty of the professional team. Decennial liability exclusion: Cover provide under the policy does
Claims Experience : Nil claim for the past 5 years confirmed in the copy signed and dated proposal form provided		 Decennial liability exclusion: Cover provided under the policy does not meet the statutory requirements for Decennial Liability (i.e. ten-
proposal form provided		
Information : As per proposal form signed, stamped and dated 02/05/2017		proposal form provided

FOR AND ON BEHALF OF TAKAFUL INTERNATIONAL COMPANY م. تعمل المنا ٢٢٢. 1

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Takaful International Co. BSC

شركة التكافل الدولية ش.م.ب

مركفالندامي مراقب من المركز الرئيسي P.O.Box. 31240, Dob من من P.O.Box. 31240, Dob من من مراقب من مرا مراقب من مرا مراقب من م مراقب من مرا مراقب مراقب مراقب من مراقب مراقب مراقب من مراقب من مراقب من مراقب من مراقب من مراقب مراقب من مراقب مراقب من مراقب مراقب من مراقب من

شركة مرخصة من قبل مصرف البحرين المركزي كشركة تكافل عام وعائلي Licensed as a General and Family Takaful Company by the CBB





CERTIFICATE

Management system as per EN ISO 9001 : 2008

In accordance with TÜV NORD CERT procedures, it is hereby certified that

Fundament SPC Building 89, Block 339, Road 338 Flat 12, Um Al Hassam P. O. Box 659, Manama Kingdom of Bahrain



applies a management system in line with the above standard for the following scope

Major Building Contracting

Certificate Registration No. 44 100 15580001 Audit Report No. 5800 3143

Certification Body at TÜV NORD CERT GmbH

Valid from 2015-03-22 Valid until 2018-03-21

Abu Dhabi, 2015-03-22

This certification was conducted in accordance with the TÜV NORD CERT auditing and certification procedures and is subject to regular surveillance audits.

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Our Bankers

1. Kuwait Finance House

P.O. Box No. 2066, Manama, Kingdom of Bahrain Tel No.: 77000134, Fax No.:77000150

2. Itmaar Bank of Bahrain (Al Shamil Bank)

P.O. Box No. 3005, Manama, Kingdom of Bahrain Tel No.: 17-363111, Fax No.: 17-826080

3. BMI

P.O. Box No. 350, Manama Kingdom of Bahrain Tel: 17-508080, Fax: 17-226641

4. National Bank of Bahrain

P.O. Box No. 106 Manama. Kingdom of Bahrain Tel: 17-228800, Fax: 17-205571



CLIENT REFERENCES

- 1. Ministry of Works
- 2. Ministry of Housing
- 3. Bahrain Engineering Bureau
- 4. Gulf House Engineering
- 5. Ismail Khonji Associates
- 6. Arab Architect Engineering
- 7. Modern Architect
- 8. Arsinal Engineering
- 9. Mashtan Engineering
- 10. Gharib Engineering Est.
- 11. Al A'Ali Engineering
- 12. Al Jazeera Engineering
- 13. Yousif Engineering
- 14. Epco Engineering
- 15. Riyadh Al Arrayed
- 16. Al Taweel Engineering
- 17. Ayman Yusuf Engineering
- 18. Mirai Engineering
- 19. NJ Engineering
- 20. Busaad Engineering
- 21. Design Studio
- 22. Architecture 360



Completed Projects

SN No.	Job No.	Project	Client	Consultant	Contractor	Location
1	PT-05	22 STOREY RESIDENTIAL BUILDING	Ms. BUROOJ PROPERTY DEVELOP. W.L.L	M/s. GHARIB ENGINEERING EST.	M/s. MIDDLE EAST CONTRACTING.	AMWAJ ISLAND
2	PT-06	22 STOREY TILAL TWIN TOWERS	Mr. FAISAL AL MATROOQ	M/s. BAHRAIN ENGINEERING BUREAU	M/s. CHAPU CONTRCTING CO.	AMWAJ ISLAND
3	PT-07	6 STOREY RESIDENTIAL BUILDING.	Mr.ALI ABDULLA MALIK	M/s. GHARIB ENGINEERING EST.	M/s. SEIF SAEED AL JUNAID CO.	GUDAIBIYA
4	PT-08	8 NOS. (4 STOREY RESIDENTIAL)	Ms. KENAZ AL QADAM REAL ESTATE.	M/s. RIYADH AL ARRAYED ENGINEERING	M/s. FUNDAMENT SPC.	AL QADAM
5	PT-09	25 STOREY MBM TOWER	Mr. MOHAMMED MUSALLAM	M/s. GULF HOUSE ENGINEERING.	M/s. FUNDAMENT SPC.	SEEF
6	PT-10	5 STOREY RESIDENTIAL BUILDING.	MS. EL HOUSE IN LIMITED	M/s. RIYADH AL ARRAYED ENGINEERING	M/s. RIYADH AL ARRAYED ENGINEERING	SAAR
7	PT-11	20 STOREY RESIDENTIAL BUILDING	Mr. NASSER AL FADHEL	M/s. MODERN ARCHITECT.	M/s.ALFADHEL GROUP.	SEEF
8	PT-12	17 STOREY PARKINN HOTEL	Mr. FOUAD AL MUTAWA	M/s. EPCO ENGINEERING.	M/s. FUNDAMENT SPC.	SEEF
9	PT-13	HANDICAPPED COMPLEX (8 BUILDING)	Ms. MINISTRY OF SOCIAL DEVELOPMENT	M/s. MINISTRY OF WORK	M/s. FIRIST KUWAIT CO.	AALI
10	PT-14	17 STORY BUILDING (JF5 TOWER)	Ms. MOZON REAL ESTATE.	M/s. IKA CONSULTANT.	M/s. FUNDAMENT SPC.	JUFFAIR
11	PT-15	5 STOREY RESIDENTIAL BUILDIBNG	Mr. HASSA SULTAN	M/s. YOUSIF ENGINEERING	M/s. DELTA CONTRACTING CO.	AMWAJ ISLAND
12	PT-16	2 STOREY MOSQUE	Mr. HASSAN BUKHOWA	M/s. GULF HOUSE ENGINEERING	M/s. BOKHOWA GROUP.	SAAR
13	PT-17	4 STOREY RESIDENTIAL BUILDING	Mr. HUSSAIN AL HAMMAR	M/s. MIRAI ENGINEERING	M/s. TITOLO DESIGN AND BUILD.	JANABIYAH
14	PT-18	5 STOREY RESIDENTIAL BUILDIBNG	M/s. AL EHSAN SOCIETY	M/s. MIRAI ENGINEERING	M/s. SAFWAN CO.	AMWAJ ISLAND
15	PT-19	6 STOREY RESIDENTIAL BUILDING	Mr. NASSER AL FADHEL	M/s. MODERN ARCHITECT.	M/s. ALFADHEL GROUP.	HIDD
16	PT-20	3 STOREY LEBANON RESTAURANT	Mr. ALI HASSAN MAHMOUD	M/s. RIYADH AL ARRAYED ENGINEERING	M/s. FUNDAMENT SPC.	MANAMA
17	PT-21	WORKSHOP & LABOUR ACCOMODATION	Mr. ALI AHMED ALDERAZI	M/s. MASHTAN ENGINEERING.	M/s. FUNDAMENT SPC.	ALBA
18	PT-22	3 NOS. (6 STORY RESIDENTIAL BUILDING)	Mr. ABDULLA AMIN	M/s. Al MOHANDES ENGINEERING.	M/s. ABDULLAH AMEEN CO.	HIDD
19	PT-23	5 STOREY RESIDENTIAL BUILDIBNG	Mr. KHALIFA AL NOIMI	-	M/s. KHALIFIA AL NOIMAI CO.	HIDD
20	PT-24	MCDONALD'S RESTAURANT	M/S. MCDONALD BAHRAIN	M/S. MIDDLE EST ENGINEERING	M/S. BISMILLAH CO.	ADLIYA



Completed Projects

SN No.	Job No.	Project	Client	Consultant	Contractor	Location
21	PT-25	4 STOREY BUILDING AT HIDD	HH. ABDULAZIZI SAUD AL KHALIFA.	M/s. BUSAAD ENGINEERING.	M/s. AL FADHEL CO.	HIDD
22	PT-26	2 STOREY VILLA	Mr. ALI ARAZI.	M/s. GULF HOUSE ENGINEERING.	M/s. FUNDAMENT SPC.	SAAR
23	PT-27	6 STOREY RESIDENTIAL BUILDING	M/s. EBRAHIM JASSIN HASSAN	M/s. GHARIB ENGINEERING EST.	M/s. YAMAL AL SHAM CO.	HIDD
24	PT-28	3 NOS (6 STOREY) RESIDENTIAL BUILDING	-	M/s. RIYADH AL ARRAYED ENGINEERING	M/s. BAWAB CONTRACTING.	HOORA
25	PT-29	3 STORY WARE HOUSE	M/s. BAHRAIN AND GULF CO.		M/s. BAHRAIN AND GULF CO.	AALI
26	PT-30	4 STORY RESIDENTIAL BUILDING	Mr. ALI HASSAN MAHMOUD	M/s.AL JAZEERA ENGINEERING.	M/s. ALI HASSAN MAHMOUD CO.	SUGAYYA
27	PT-32	4 STOREY SHOW ROOM & WORKSHOP	M/s. MOIZE TRADING EST.	M/s. AL JAZEERA ENGINEERING	M/s. DELTA CONTRACTING CO.	AL QARYAH.
28	PT-33	4 NOS (2 STORY VILLA)	Mrs. MINA ANDULHUSSAIN MERZA.	M/s. SAMI AL AALI ENGINEERING	M/s. BAHRAIN AND GULF CO.	AL MARKH
29	PT-34	4 STOREY RESIDENTIAL BUILDING	Mr. HUSSAIN AL HAMMAR	M/s. MIRAI ENGINEERING	M/s. TITOLO DESIGN AND BUILD.	JANABIYAH
30	PT-35	5 STORY RESIDENTIAL BUILDING	M/s. YOUSUF ABDUL GHAFFAR	M/s. NJ ENGINEERING.	M/s. YOUSUF ABDUL GHAFFAR	HIDD
31	PT-36	4 STORY RESIDENTIAL BUILDING	Mr. FAISAL MOHAMMED TAHOO	M/s. AL TAWEEL ENGINEERING.	M/s. STONEHENGE CO.	HOORA
32	PT-37	4 STOREY LABOUR ACCOMODATION	Mr. ABDUL HASSAN EBRAHIM BUHUSAIN	M/s. ARSINALS ENGINEERING.	M/s. UCA CONSTRUCTION CO.	RAS ZUWAID
33	PT-38	2 STOREY VILLA	Mr. HASSAN SULTAN	M/s. YUSUF ENGINEERING.	M/s. 110 CONSTRUCTION CO.	AMWAJ
34	PT-43	4 STOREY LABOUR ACCOMODATION	Mr. TAWFEEQ ALI MOHAMMED TAQI.	M/s. ARSINALS ENGINEERING.	M/s. UCA CONSTRUCTION CO.	RAS ZUWAID
35	PT-44	4 STOREY LABOUR ACCOMODATION	Mrs. NAWAL YOUSUF AL SABBAGH	M/s. ARSINALS ENGINEERING.	M/s. UCA CONSTRUCTION CO.	RAS ZUWAID
36	PT-45	2 STORY OFFICE BUILDING.	Mrs. AISHA AL MEER	M/s. MASTER ONE ARCH.	M/s. ALI RAFIA CO.	MUHARRAQ



Ongoing Projects

SN No.	Job No.	Project	Client	Consultant	Contractor	Location
1	PT-31	22 STOREY RESIDENTIAL BUILDING	Mr. AUSAMA EBRAHIM ABUDALAMA.	M/s. AL JAZEERA ENGINEERING	M/s. MIDDLE EAST CO.	AMWAJ
2	PT-39	4 STORY RESIDENTIAL BUILDING	Mr. ALI MAKKI		M/s. ALI MAKKI CO.	SANAD
3	PT-40	10 STORY RESIDENTIAL BUILDING	Mr. YUSUF GHULOOM ABBAS ALI.	M/s. AYMAN YUSUF ENGINEERING.	M/s. UCA CONSTRUCTION CO.	JANABIYAH
4	PT-41	4 STORY RESIDENTIAL BUILDING	Mr. ALI HASSAN MAHMOUD	M/s. RIYADH AL ARRAYED ENGINEERING	M/s. ALI HASSAN MAHMOUD CO.	SUGAYYA
5	PT-42	2 STOREY VILLA	Mr. ALI AHMED SAEED AL MULLA.	M/s. AL AALI ENGINEERING.	M/s. TITOLO DESIGN & BUILD CO.	SAAR
6	PT-46	2 STOREY VILLA	Dr. MAHER A. AZIZ AL SHAER	M/s. DESIGN STUDIO.	M/s. FUNDAMENT SPC.	BUHAIR
7	PT-48	2 STOREY RESTAURANT	MRS. FATINAH HASHIM M. SAWAN		M/s. FUNDAMENT SPC.	GUDAIBIYAH
8	PT-49	52 STORY AL TIJARIAH TOWER	Mrs. AL TIJARIAH	M/s. ARAB ARCHETICT ENGINEERING.	M/s. FUNDAMENT SPC.	HOORA
9	PT-50	PRIVATE VILLA	MR. KHALID AL QAED	ARCHITECTURE 360	M/s. FUNDAMENT SPC.	SAAR
10	PT-51	2 STOREY BLDG.	MRS. LAYLA MOHD. AL JASIM	GHARIB ENG. EST	YAMAL AL SHAM CONTRACTING	JUFFAIR
11	PT-52	4 STOREY BLDG.	MRS. DONYA AHMED ALWAZZAN	GHARIB ENG. EST	YAMAL AL SHAM CONTRACTING	GUFFOL
12	PT-53	10 STOREY CLINIC	NAWAFCO	Al TAWEEL ENG.		BUSAITEEN
13	PT-54	AXA Headquarter	AXA INSURANCE	NORMA	СНАРО	MANAMA
14	PT-55	14 STOREY BLDG	Sh. TAWFIQ	Dr. TAMER HANAFY	CORNER ELITE	HIDD
15		DIFAAF DEVELOPMENT	REEF VENTURE HOLDING CO. WLL	GULF HOUSE ENGINEERING	M/s. FUNDAMENT SPC.	REEF ISLAND
16		ONE BAHRAIN	GLOBAL REAL ESTATE	EMAAR Engineering	M/s. FUNDAMENT SPC.	REEF ISLAND



FEW OF OUR COMPLETED PROJECTS [Photo Gallery]

BAHRAIN POST TENSION CONTRACTING [BPT]





















BAHRAIN POST TENSION CONTRACTING [BPT]





4 STOREY RESIDENTIAL BUILDING JANABIYYAH – BAHRAIN SLAB AREA: 6,500 m²







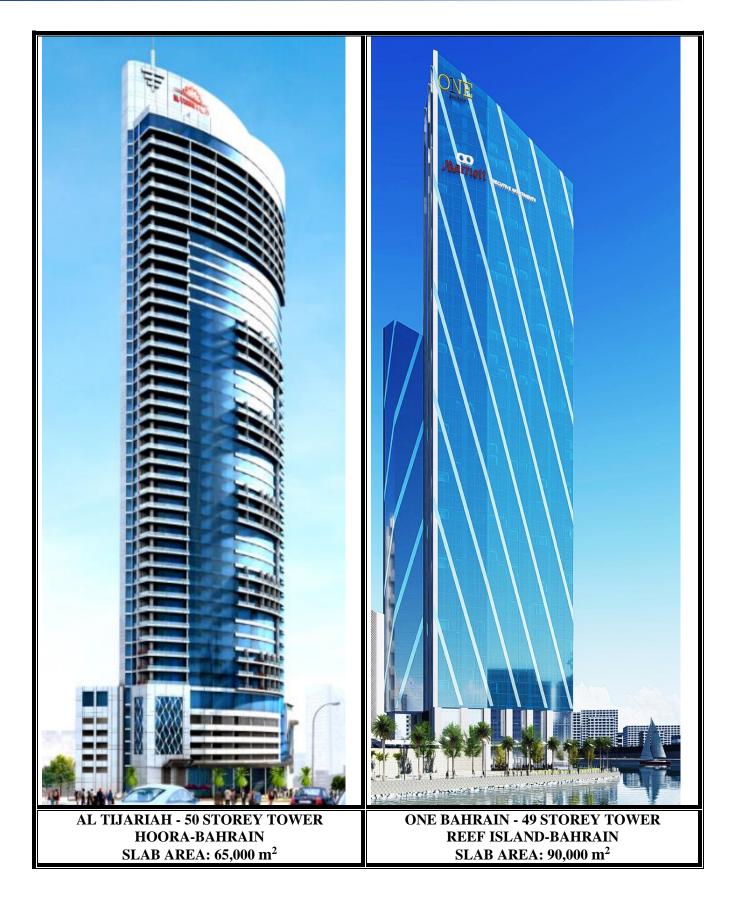
ahrain



FEW OF OUR ONGOING PROJECTS [Photo Gallery]

BAHRAIN POST TENSION CONTRACTING [BPT]











POST TENSION SAFE WORK METHOD STATEMENT

BAHRAIN POST TENSION CONTRACTING [BPT]



1.0 INTRODUCTION

This Method Statement outlines the procedures to be adopted for the installation, Stressing and grouting operations for the post tensioning work.

1.1 PREPARATION

1.1.1 Stock of the materials will be arranged as per main contractor work program.

1.1.2 Shifting, handling and storage of the materials will be coordinated with the main contractor using the main contractor equipments such as (Tower cranes - Fork lift - etc.)1.1.3 Work preparation station and materials storage will be arranged with the main contractor

1.1.4 Programme of the work will be produced such that the main contractor are aware of proposed areas of work and can advise on logistical constraints imposed by other operatives.1.1.5 Bahrain Post Tension will use access and egress routes and areas for temporary site

establishment as directed by the main contractor and coordinated with other site works.

1.1.6 Other construction activities will be coordinated with the main contractor team.

1.1.7 All necessary safety rails will be fitted to slab perimeter by the main contractor scaffolding team prior to any other site personal gaining access to the slab.

1.1.8 Approved drawings for post tensioned slabs must be available prior to concrete being poured.

1.2 CONTROL MEASURES

1.2.1 All Bahrain Post Tension management will undergo site induction and complete specified method statement briefing.

1.2.2 Bahrain Post Tension will work to an approved method statement.

1.2.3 Storage areas for PT components are clearly defined by the main contractor.

1.2.4 All materials to remain within the permanent works (or which are applied to the permanent works) will be issued and approved by the consultant under material submittal process, this includes but not limited to

- Strand
- Ducting
- Anchorages
- Profile bar chairs
- Grout Admixture
- All other sundry components

1.2.5 Approved shop drawings will be available prior to offering complete reinforcement works approval to Main Contractor / Consultant.



2.0 Machines, Equipments, Tools	Responsibility
2.1 Stressing Jacks	Bahrain Post Tension
2.2 Stressing Pumps	Bahrain Post Tension
2.3 Onion Jacks	Bahrain Post Tension
2.4 Grout Pumps	Bahrain Post Tension
2.5 Stapler Guns	Bahrain Post Tension
2.6 PT Strand Dispenser	Bahrain Post Tension
2.7 Disc Cutter	Main Contractor
2.8 Drill	Main Contractor
2.9 Jig-saw	Main Contractor

3.0 Staff Involved in the Work

- **3.1** P.T Project Manager is to coordinate all the drawings between the consultants and main contractor with the P.T. design team and manage the work program, materials in the site, manpower.
- **3.2** P.T site engineer is to carry out the daily activities, inspect the slab work after work completion and arrange site shop drawings, cutting length, stressing reports.
- **3.3** P.T supervisor is to supervise all P.T site works (Tendon's location marking, anchors fixing, duct, laying, strand pushing, profile chairs fixing, stressing, grouting).
- **3.4** Qualified steel fixers, carpenters, labors to work under the P.T supervisor in all P.T activities (the numbers will be as per work requirements).

4.0 Post Tension Installation Methodology

4.1 Pre-Check

- 4.1.1 Post tensioned strand will be issued and approved as per the Main Contractors material submittal requirements.
- 4.1.2 Grouting admixture will be issued and approved as material submittal as above.
- 4.1.3 GI Duct / bar chairs and all items included in the concrete will be issued and approved.
- 4.1.4 All post tensioning record sheets shall provide by Bahrain Post Tension and are to be approved by the Main Contractor.
- 4.1.5 All P.T materials are subject to be tested upon consultant's discretion.

4.2 Traditional Reinforcement

4.2.1 Form work, side shuttering and bottom reinforcement shall be completed and approved by the consultant's engineer prior to ducting installation and commencement of Post Tensioned works.

Bahrain Post-Tension

4.3 Installation of Ducting

- 4.3.1 Position strand coil adjacent to work area. Strands will not be laid on sand or curing water on slab and shall not be walked on at any time.
- 4.3.2 Strands to be loaded using bripack coil lifting frame (Fig 1) in accordance with the Main Contractor lifting operations plan.
- 4.3.3 Ducting to be loaded using bripack coil lifting frame (Fig 2) in accordance with the Main Contractor lifting operations plan.

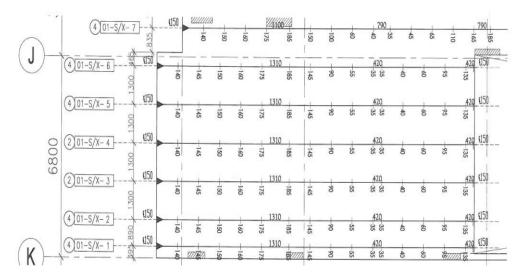




Bripack for Cradling and Lifting Strand (Fig 1)

Duct Lifting Cradle (Fig 2)

- 4.3.4 Ensure area is of sufficient strength to support weight of coil (approximately 3 tons)
- 4.3.5 Tendon sizes and profiles are indicated in the drawings as shown in (Fig 3) after coordination with other services such as (MEP, etc.)



Example of Shop Drawing (Fig 3

- 4.3.6 Seven wire drawn grade stress relieved low relaxation strand will be used. All strands will be issued and approved under material submittal.
- 4.3.7 Mark live end and dead end positions of formwork and slab edge forms and spray tendon alignment on decking (Fig 4)





Marking of Tendon Locations (Fig 04)

- 4.3.8 The inside cross sectional area of ducts shall be at least two times the net area of the strand to allow for sufficient bonding of the strands during grouting.
- 4.3.9 Layout ducting starting from the live or dead end point sand firmly tape joints.
- 4.3.10 Ducts are bell-ended to assist with joining and ensure no Concrete ingress during casting.
- 4.3.11 Profile bar chairs to be placed at 1000mm centres. Chair installation and checking may be completed once strand is installed in to the ducting.
- 4.3.12 Tendons shall be secured by stapling the bar chairs to the form work using a mechanical staple gun.



(Fig-5)(Fig-6)Above – Bar ChairsAbove- Staple Gun

4.3.13 In order to avoid affecting the tendon profile due to high points of tendon and top reinforcement, additional support reinforcement chairs will be provided by the Main Contractor to avoid sagging of rebar during steel fixing.



Company Profile



- 4.3.14 All tendon locations have an allowance of up to 150mm either side of the approved shop drawing tendon location to pass obstructions/penetrations in the slab.
- 4.3.15 All profile bar chairs have an allowance of +/- 5mm.Therefore chairs are typically supplied in graduations of 10 mm to allow conformance to specifications /codes.



Right-Checking of Tendon Profile (Fig-8)

4.4 Installation of Strand

- 4.4.1 Post tensioned shop drawings show the tendon number, the end type and the number of individual strands which make up each tendon.(ref: fig 3)
- 4.4.2 Cut strands to length as indicated on the shop drawings. Heat-type cutting devices NOT to be used to cut strand.
- 4.4.3 Where tendons in two directions do not have clearance, alternately raise and lower the transverse or longitudinal tendons to center the combined effect of the tendons at the required locations.
- 4.4.4 Ensure pushing area is cordoned off and signage is placed to maintain safe work areas.Only Bahrain Post Tension's trained personnel will be permitted to enter the zone in between pusher and coil while the strand is being drawn from coil into duct.
- 4.4.5 Straighten and profile duct as per drawing details. Support and fasten ducts so that they will maintain their positions during placing and compaction of concrete.



Cable Pushing (Fig-9)

4.5 Installation of Anchorages



- 4.5.1 With the live end marked on the side shuttering, the shuttering is then cut by the Main Contractor to accommodate the anchorages.
- 4.5.2 The anchorages are then mounted on to the side shuttering using bolt and/or wire.
- 4.5.3 Anti-burst reinforcement assemblies are supplied and added by the Main Contractor underP.T engineer supervision to the live end and dead end as dimensioned in the post tensioning typical details.
- 4.5.4 Box outs (pan box)will be supplied and added by the Main Contractor under P.T engineer Supervision and shall be secured once top reinforcement is fixed.
- 4.5.5 Dead end Types will typically be "onion" ends.



Above-Anchorage

(Fig-10)

Above-Dead end (onion end)

(Fig-11)

4.6 Dead End Types (Onion Ends)

- 4.6.1 These will be formed on site using a mechanical machine "onion jack" utilizing hydraulic pressure.
- 4.6.2 Individual strands are threaded in to the machine and 'pushed back' causing the strand to "onion".



Above–Onion Jack and Stressing pump(Fig-12) AboveOnion Jack Creating an Onion (Fig-13)





Left —Creation of onion end (Fig-14) Left-Completed onion end (Fig-15)

4.6.3 Dead ends and anti-burst links will be combined to form the completed assembly as the contract drawing / approved Consultant shop drawing.

4.7 Installation of Grout Tube sand Grout Vents

- 4.7.1 Once all the tendons have been installed and profiled the grout tubes will then be placed at both the live and dead end.
- 4.7.2 If at end on exceeds 25metres in length a grout vent will be added in the centre of the tendon as a breather hole for the grout.
- 4.7.3 If there are any obstructions to the grout tube to be placed at the above mentioned areas, extra grout vents maybe added to the tendon to allow for ease of grouting.



Above-Pan End Grout Tube Above-Dead End Tube (Fig-16) (Fig-17)

4.8 Completion of Slabs-Top Reinforcement

4.8.1 Bahrain Post Tension must complete the installation of the anchors/ducting/strand and profiling before the top reinforcement is fixed.

5.0 POSTTENSION STRESSING METHODOLOGY



5.1 Pre-Stressing Works-Equipment & Supervision

- 5.1.1 72 hours concrete cube test results must be done and approved before final stressing.
- 5.1.2 All post tensioned concrete shall be submitted to P.T engineer for approval then finally passed onto the consultants for formal approval before stressing can commence.
- 5.1.3 Prior to stressing works commencing all stressing equipment shall be checked for damage, if it is found to be damaged the equipment shall be quarantined and replacement equipment shall be used.
- 5.1.4 The required stressing loads shall be clearly specified on the general notes of the approved drawings.
- 5.1.5 Stressing jacks will be mono-strand jacks supplied and serviced as required.
- 5.1.6 The stressing jack and gauge will be calibrated on a6monthlybasis. The serial numbers for both equipment types will be mentioned on the calibration certificate.
- 5.1.7 The stressing calibration certificate shall be submitted to the consultant and approved prior to stressing.



Stressing Jack (Fig-18)

Stressing Pump(Fig-19)

5.1.8 Only suitably trained P.T Supervisor personal will undertake stressing works.

5.2 Procedure – Preparation of Stressing

- 5.2.1 Extreme care will be taken not to damage tendons when striking, cleaning or removing formers.
- 5.2.2 Inspect strands prior to further preparation work.
- 5.2.3 With strands clean the wedge block and wedges can be made ready and prepared for stressing.

Company Profile





Above-Anchor recess removal (Fig-20)

Above-Stressing block installation (Fig-21)

- 5.2.4 With the assemblies checked and prepared place over the exposed strand ends.
- 5.2.5 Again check tendon for damage and note any obstructions that occur when block is being installed.
- 5.2.6 Complete loose fixing of assembly.
- 5.2.7 Prior to marking of strands for extension measurement, the wedges and assembly MUST be securely fastened into position to ensure a true reading of the elongation.
- 5.2.8 Once the wedge block and wedges are inserted into position the strand and wedge is the spray painted for reference when measuring elongations.



Stressing in progress signage (Fig-23)

- 5.2.9 Prior to stressing operations commencing, access will be limited to area around stressing with barrier tape and signage.
- 5.2.10 Before final stressing is carried out a Permit to Stress will be raised.

5.3 Pre-Stressing Works –Site Checks

5.3.1 Before Final Stressing is carried out the Main Contractor will raise a Permit to Stress (concrete cube result) and issue to P.T engineer.

5.4 Final Stressing

- 5.4.1 Final stressing to shall be carried out to project specifications of the design load will be carried out once the concrete has achieved the correct strength.
- 5.4.2 The concrete cube test must be cured on site in the same conditions as the slab (air cured) any laboratory curing will not be accepted.



5.5 Stressing Procedure

- 5.5.1 All stressing will be carried out by trained P.T supervisors with at minimum 12 months experience of stressing operations.
- 5.5.2 Any requirements for order of stressing of tendons will be specified on the approved drawings.
- 5.5.3 The jack calibration should be checked and the machine, gauge and pump checked by the supervisor and confirmed as in good order.
- 5.5.4 Both the Main Contractor and consultant will officially be informed before stressing operation has commenced and may witness if required.



5.5.5 Permit to stress shall be completed.

Above-Stressing Operations (Fig 24)

- 5.5.6 Pushes the stressing jack firmly onto the strand ensure the stressing jack nose is in proper contact with the wedges and wedge block.
- 5.5.7 Load is then applied gradually using the stressing pump and monitoring the gauge until reaching the load limit specified.
- 5.5.8 With the appropriate load reached the stressing jack is disengaged.
- 5.5.9 Repeat the same process for each strand until the entire tendon is completed. Once the tendon is completed move to next tendon and repeat the process.
- 5.5.10 Where double live ends are, stress first end to30% of design load, and the second to the 100% load of designed load.



Above-Gauge Monitoring Above Extension Measurement (Fig-25)(Fig-26)

5.6 Confirmation of Elongations and Permits to Cut Excess Strand

- 5.6.1 Once elongations have been measured they will be assessed against the theoretical elongation to verify that the correct amount of pre-compression is present in the concrete slab.
- 5.6.2 Elongation results will be input into elongation sheets and variations recorded.
- 5.6.3 The site and theoretical elongation report shall have a variance of(+/-10%)
- 5.6.4 Once the slab elongation reports are completed and have been verified by P.T engineer, the consultants will be handed the final report for official review/approval.
- 5.6.5 Only when consultants give official approval for the elongation report P.T supervisor may proceed with excess strand cut off.

5.7 Cutting and Sealing Tendons

- 5.7.1 Cutting of tendons will be carried out using a disc cutter or other abrasive wheel. The use of welding or oxy-acetylene cutting equipments STRICTLY prohibited and no such equipment should be utilized in post tensioned concrete construction.
- 5.7.2 All such infill areas will require minimum setting period of 24 hrs, grouting may commence after this time period.
- 5.7.3 It is the Main Contractors responsibility to use an approved concrete patching material and execute filling anchor and pan box voids.
- 5.7.4 Once the above has been carried out the Main Contractor can start to remove the floor shuttering and prepare for back propping as per the P.T engineer instruction and approval.



Completed End Stressing Infill (Fig-27)

6.0 POST-TENSION GROUTING METHODOLOGY

6.1 Specialist Pre-Check

- 6.1.1 Post tension edge routing materials will be issued and approved as a material submittal.
- 6.1.2 The procedure for grout testing and testing frequencies shall be agreed.

6.2 Mix Trials

- 6.2.1 In accordance with BS446, trial mixes of the proposed grout shall be carried out in advance of commencement of grouting operations.
- 6.2.2 The trail mix shall include-water/cement ratio, fluidity test, bleed test, expansion test and compressive strength.

Company Profile



- 6.2.3 The above tests shall be carried out by an approved laboratory and/or site under the witness of the consultant Engineer.
- 6.2.4 The plant/materials and supervisory personnel executing the trail shall be maintained throughout the grouting operations during project execution.
- 6.2.5 Control of grout temperature shall be in accordance with BS446 with a target maximum temperature of 35°C.Shouldthe temperature of the grout exceed this,
- 6.2.6 but remainbelow40°Cduringoperationalgroutingthenadditionalcube samples will be taken to confirm that grout has reached adequate strength.
- 6.2.7 If the ambient temperature exceeds 32 C ice will be added to the water. The Main Contractor shall provide the following-fresh water, ice (if required) and high quality OPC cement.

6.3 During the trial, demonstration shall be made to the engineer of:

- 6.3.1 Adequate volumetric control of water.
- 6.3.2 Adequate volumetric control of additives for fluidity, in this case ISOLA NSA Grout.
- 6.3.3 Adequate mass/volumetric control for the addition of cement.
- 6.3.4 Proper service ability and suitability of mixing/pumping equipment.
- 6.3.5 Adequate supervisory knowledge of personnel involved in grouting operations as describedinBS446.
- 6.3.6 Fluidity tests shall be carried out in accordance with BS447 cone method Bleed test shall be carried out inaccordance with BS447, bleeding tests volumetric change test carried out in accordance with BS447.
- 6.3.7 Cylinder method Compressive strength will be determined by crushing of 2setsof 3No.100mmx100mmcube samples. Cubes willbetestedat7and 28days,limitsasspecifiedbelow.

6.4 Testing Limits

- 6.4.1 Post tensioned concrete specification provides limits for compressive strength hand bleed only with no specified fluidity values. These values shall be taken as acceptable if limits specified in BS447 are satisfied.
- 6.4.2 Fluidity:AsBS447
 - Immediately after mixing>10 seconds<25 seconds
 - 30min after mixing>10 seconds<25seconds
- 6.4.3 CompressiveStrengthLimitsBS447
 - 100mm3 cube at 7 days >20N/mm2
 - 100mm3 cube at 28 days >30N/mm2
- 6.4.4 Bleed TestasBS447
- 6.4.5 The allowable bleed value of <2% is acceptable

6.5 Grout cubes must be left on site for 24 hrs only.

6.5.1 The Main Contractor must remove the grout cubes from site to an approved laboratory.



6.6 Expansion Test as BS447

- 6.6.1 After24hrs>1% and<5% is acceptable.
- 6.6.2 Note that the above tests are carried out prior to official grouting work commencing for consultant approval. During grouting operations only fluidity test and compressive test shall be executed.

6.7 Clearing of Tendons

6.7.1 Prior to commencement of operational grouting the tendons shall be shown to be free and clear of debris. This shall be done by:

•Blowing dry (oil-free) compressed air through the ducting (air compressor to be provided by main contractor)

•Once the tendons are clear and have been demonstrated to the consultant Engineer that the tendons are ready to receive grout.

6.8 Tendon Blockage

6.8.1 The case of a tendon blockage a method statement shall be submitted by BPT to the main-contractor/consultant for their review and approval.

6.9 Grouting of Tendons-Mixing

- 6.9.1 The grouting design mix ratio shall not exceed W/C 0.45 2:1
- 6.9.2 Full grouting mix ratio
 - 200 kg Cement
 - 90 liters of water
 - 1kg of Admixture
- 6.9.3 Yield is approximately 145 liters of Grout
- 6.9.4 Mixing shall takeapprox.5mins until the grout is flow-able and lump free.
- 6.9.5 Grouting shall commence within 30minutes of mixing material.

6.10 Grouting of Tendons-Grout Injection

- 6.10.1 Sequence of Grouting
 - Grout is first injected in either the live or dead end tube and pumped through the line of the tendon until the grout emerges at the opposite end of tendon of the same consistency as that being injected.
 - (ii) The grout is then pressurized and both tubes are locked off with the process repeated for each tendon.



Grout Pump (Fig-28)



7.0 Health and Safety

7.1 Protective and safety equipment:

- 7.1.1 Helmets are to be worn at all times.
- 7.1.2 Safety footwear is to be worn at all times.
- 7.1.3 Reflective safety jackets or equivalent to be worn at all times.
- 7.1.4 Gloves are to be worn at all times.
- 7.1.5 Safety glasses are to be worn when working with grinders.
- 7.1.6 Safety harnessers are to be worn on platforms.
- 7.1.7 Safe and secure stressing access preferably 1m wide is to be provided by the main contractor.

7.2 Safety rules for strand cutting operations:

- 7.2.1 Prior to any strands cutting operations, coils should be installed in the strand dispenser.
- 7.2.2 Only manual steel cutter to be used to release the coil from the dispenser.
- 7.2.3 Goggles to be worn at all times.
- 7.3 Safety rules for stressing operations:
 - 7.3.1 Danger, stressing in progress signs to be displayed at all times.
 - 7.3.2 Personnel not involved in the stressing operations are to be cleared from the area.
 - 7.3.3 No personnel are to be behind the stressing jack.
 - 7.3.4 Equipment and personnel should not be directly above the tendon anchorage during stressing.
- **7.4** Safety rules for grouting operations:
 - 7.4.1 Correct PPE to be worn all times.
 - 7.4.2 Be aware of non P.T personnel and surrounding environment.



SYSTEM SPECIFICATIONS

BAHRAIN POST TENSION CONTRACTING [BPT]



Nominal Diameter	Nominal Steel Area	Nominal Mass	Minimum Breaking Load UTS	(0.2%	Minimum Proof Load Minimum Relaxation After 1.0 (0.2% Offset) Elongation at 0.7 Breaking L to Fracture kN in 600mm		eaking Load	Modulus o Elasticity	
mm	mm ²	kg/m	kN	Norm.	L-R	%		16	MPa
12.7 15.2 12.9 15.7	100.1 143.3 100.0 150.0	0.786 1.125 0.785 1.180	184 250 186 265	: 156.4 225.0	156.4 212.5 165.6 238.5	35 35 35 35	* * 8	2.5 2.5 2.5 2.5	180-205 x10 ¹ 195 195

STRAND PROPERTIES - TO BS5896 & ASI311

SMS No.	No. of	Cement	Int. Duct		essing For s a % of U	
	Strands	kg/m	Dia.	12.9 75%	12.7 85%	12.7 100%
SMS 7	2 3 4 5 6 7	2.9 2.7 2.6 2.5 2.3 2.2	55	279 419 558 698 837 977	313 469 626 782 938 1095	368 552 736 920 1104 1288
SMS 13	8 9 10 11 12 13	3.3 3.2 3.1 2.9 2.8 2.7	65	1116 1256 1395 1535 1674 1814	1251 1408 1564 1720 1877 2033	1472 1656 1840 2024 2208 2392
SMS 19	14 15 16 17 18 19	5.6 5.3 5.2 5.1 4.9 4.8	84	1953 2093 2232 2372 2511 2651	2190 2346 2502 2659 2815 2972	2576 2760 2944 3128 3312 3496
SMS 27	20 21 22 23 24 25 26 27	6.7 6.6 6.4 6.3 6.2 6.1 5.9 5.8	95	2790 2930 3069 3209 3348 3488 3627 3767	3128 3284 3441 3597 3754 3910 4066 4223	3680 3864 4048 4232 4416 4600 4784 4968
SMS 31	28 29 30 31	8.8 8.7 8.6 8.5	110	3096 4046 4185 4325	4379 4536 4692 4848	5152 5336 5520 5704
SMS 37	32 33 34 35 36 37	8.3 8.2 8.1 7.9 7.8 7.7	110	4464 4604 4743 4883 5022 5162	5005 5161 5318 5474 5630 5787	5888 6072 6256 6440 6624 6808
SMS 43	38 39 40 41 42 43	13.9 13.7 13.6 13.5 13.3 13.2	135	5301 5441 5580 5720 5859 5999	5943 6100 6256 6412 6569 6725	6992 7176 7360 7544 7728 7912
SMS 55	44 45 46 47 48 49 50 51 52 53 54 55	13.1 12.9 12.8 12.7 12.6 12.4 12.3 12.2 12.0 11.9 11.8 11.6	135	6138 6278 6417 6557 6696 6836 6975 7115 7254 7394 7533 7673	6882 7038 7194 7351 7507 7664 7820 7976 8133 8289 8446 8602	8096 8280 8464 8648 8832 9016 9200 9384 9568 9752 9936 10120

TENDON PROPERTIES - 12.7 TENDON PROPERTIES - 12.2

SMS No.	No. of	Coment	Int. Duct		essing For s a % of U	
	Strands	kg/m	Dia.	15.7 75%	15.2 85%	15.2
SMS 7	234567	2.8 2.6 2.4 2.2 2.0 1.8	65	398 596 795 994 1193 1391	475 638 850 1065 1275 1488	500 750 1000 1250 1500 1750
SMS 13	8 9 10 11 12 13	2.9 2.7 2.5 2.3 2.1 1.9	84	1590 1789 1988 2186 2385 2584	1700 1913 2125 2338 2550 2763	2000 2250 2500 2750 3000 3250
SMS 19	14 15 16 17 18 19	4.7 4.5 4.3 4.1 3.9 3.7	110	2783 2981 3180 3379 3578 3376	2975 3188 2400 3613 3825 4088	3500 3750 4000 4250 4500 4750
SMS 27	20 21 22 23 24 25 26 27	5.6 5.4 5.2 5.0 4.8 4.6 4.4 4.4 4.2	110	3975 4174 4373 4571 4770 4969 5168 5366	4250 4443 4675 4888 5100 5313 5525 5738	\$000 \$250 \$5500 \$750 6000 6250 6500 6750
SMS 31	28 29 30 31	7.2 7.1 6.9 6.7	110	5565 5764 5963 6161	5950 6163 6375 6588	7000 7250 7500 7750
SMS 37	32 33 34 35 36 37	6.5 6.3 6.1 5.9 5.7 7.7	135	6360 6559 6758 6956 7155 7354	6800 7013 7225 7438 7650 7863	8000 8250 8500 8750 9000 9250
SMS 43	38 39 40 41 42 43	11.7 11.5 11.3 11.1 10.9 10.8	135	7553 7752 7950 8149 8348 8547	8075 8288 8500 8713 8925 9138	9500 9750 10000 10250 10500 10750
SMS 55	44 45 46 47 48 49 50 51 52 53 53 55	10.6 10.4 10.2 10.0 9.8 9.6 9.4 9.2 9.1 8.9 8.7 8.5	154	8745 8944 9143 9342 9540 9739 9938 10137 10335 10534 10733 10932	9350 9563 9775 9988 10200 10413 10625 10838 11050 11263 11475 11688	11000 11250 11500 12000 12250 12500 12500 13000 13250 13000 13250 13750





The Post tensioning Slab System (SSS), developed in Australia over the past 30 years, is a fully integrated post tensioning system for thin concrete sections such as floor slabs.

During this time, the SSS has been steadily refined and now features horizontally longed anchorage and ducting accepting up to five 15.2mm diameter strands. Such designs are gaining an ever-increasing share of the slab construction market.

Nominal Diameter	Nominal Nominal Minimum Steel Mass Breaking Area Load UTS		Breaking Load	Minimum Proof Load		Minimum Elongation to Fracture in 500mm	Pielaxation After 1,000/res at 0.7 Breaking Load		Modulus of Elasticity	
mn	mm ²	kgin	IN	0.1%	KN.	0.2%	*	Relax 1	% Relax 2	GPa
12.7 15.2	96.6 143	0.774	184 250	151 205	-	156 212	3.5 3.5	8	2.5 2.5	195 ± 10 195 ± 10

STRAND PROPERTIES - TO AS & BS CODE

TENDON PROPERTIES - 12.7

Tendon Iyge	Na. Of Strands	Cennel kgim		Int Dust Dim.		a % of UT	
		1000	1000		19065		1997
1-5		63	95.6	19 × 19	106	156	184
2.5	2	0.7	187.2	43 x 19	313	913	260
3.5	3	3.4	295.8	70 x 19	403	400	582
4-5	4	1.2	394.4	70 x 19	626	626	756
8-8	5	1.1	490	70 × 19	782	762	920
8-5	6	1.5	591.6	80 x 19	338	935	1104

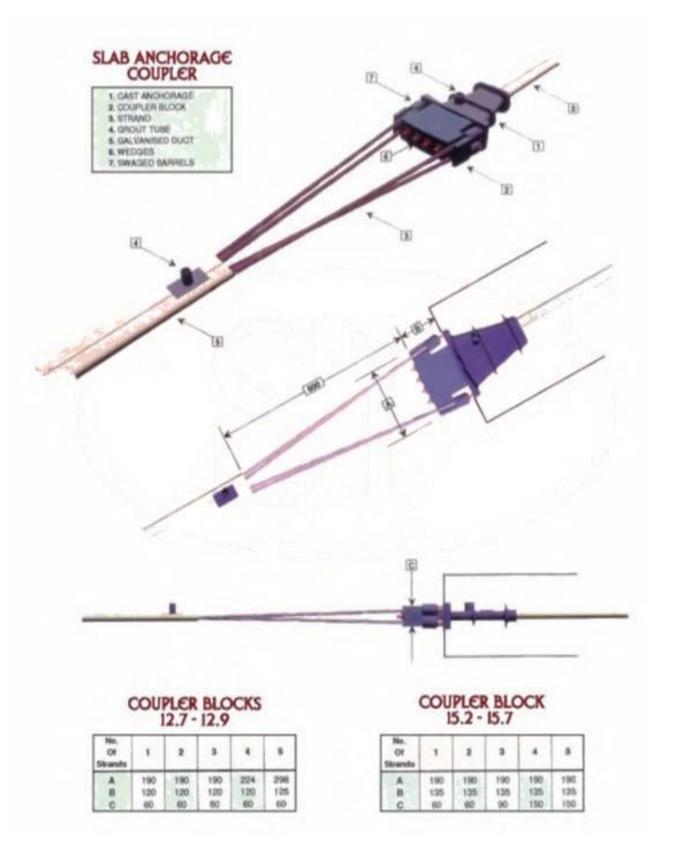
TENDON PROPERTIES - 15.2

Torodam type	No. Of Strends	Centreel Agrim	11	bet Duct Dim. Mas		anting Ford	
1-6	1	0.2	143	19×19	213	213	250
2.8	2	0.8	205	43 x 19	425	425	500
3.8	2	12	429	70 x 19	638	638	750
4.8	4	1.0	572	70 x 19	800	850	1070
5-5		1.3	715	00 x 19	1063	1063	1250

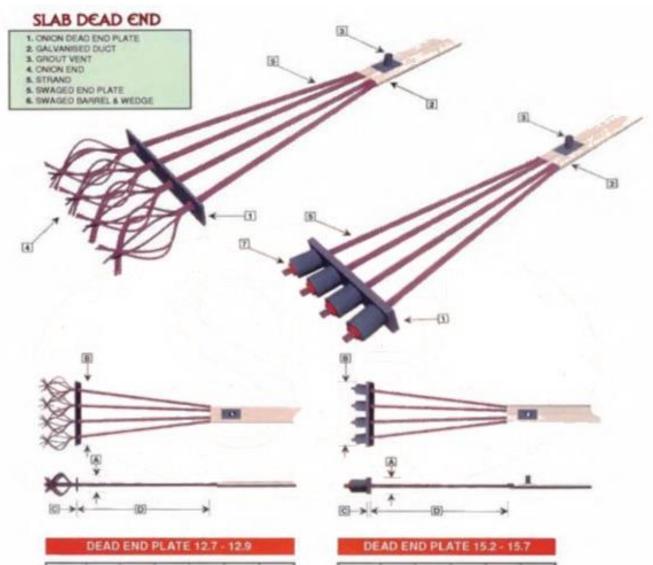


					1	4			/	1		
		6	1	1	-	2	-	Z			T	
			-				r		¥D	1.0	NCHO AST AND URVED A TRAND ROUT TU	AB DRAGE HORAGE WOHOR HE RE ED DUOT
							1913			Carlos and	and the second second	
3		-	-	1	Î.		F	-0		(2)		
	J.	ANCH	DRAG				Ţ				52.1	× •
No. Of	SLAB /	anch	DRAG			•	Ne	BLAB A		(C) AGE 1	5.2 - 15	× #
No.				E 12.7	- 12.9	8 295 79 209	N	SLAB AI	исноя 2			
No. Of Sitrands A B C	1 145 65 95	2 153 70 197	3 153 70	4 215 72 210	5 215 72 210	255 79	Ne O Sites A B C	SLAB AI	2 153 70 197	3 215 72 210	4 215 72 210	5 286 79 289
No. Of Sitrands A B C	1 145 65 95	2 153 70 197	3 153 70 197	4 215 72 210	5 215 72 210	255 79	Ne O Sites A B C	SLAB A 1 143 143 65 95 RECES	2 153 70 197	3 215 72 210	4 215 72 210	5 286 79 289
No. Of Strands A B C	1 145 65 95 RECE	2 153 70 197 SS FO	3 153 70 197 RMER	4 215 72 210	- 12.9 8 215 72 210 12.9	255 79 269	A B C	SLAB A 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2 153 70 197 5 FORM 2 200 100	3 215 72 210	4 215 72 210 .2 - 15	5 200 79 200
No. Of Strands C No. Of Strands D E	1 145 95 RECE 1 100 100	2 153 70 197 55 FO 2 200 100 100	3 153 79 197 RMER 3 200 100	4 215 72 210 12.7 - 4 215 100 100	- 12.9 5 215 72 210 12.9 5 315 100	265 79 269 6 320 100	No. Share A B C C Share D Share D D E	SLAB A 1 143 65 95 RECES 1 150 100 100	2 153 70 197 5 FORM 2 200 100	3 215 72 210 ER 15 3 315 100 100	4 215 72 210 2-15 4 315 100 100	5 266 79 269 77 77 5 320 100
No. Of Strandy C No. Of Strands	1 145 95 RECE 1 100 100	2 153 70 197 55 FO 2 200 100 100	3 153 70 197 197 3 200 100 100	4 215 72 210 12.7 - 4 215 100 100	- 12.9 5 215 72 210 12.9 5 315 100	265 79 269 6 320 100	No. Share A B C C Share D Share D D E	SLAB AI 143 143 65 95 RECES 130 100 100 100 100 100 100 100	2 153 70 197 5 FORM 2 200 100 100	3 215 72 210 ER 15 3 315 100 100	4 215 72 210 2-15 4 315 100 100	5 266 79 269 77 77 5 320 100









No. Cil Strando	1	2	3	4	8	4
A	50	50	.50	50	50	50
в	50	100	250	250	300	350
C	3	3	3	3	2	3
D	800	800	800	800	800	800

SWAGED DEAD END 12.7 - 12.9

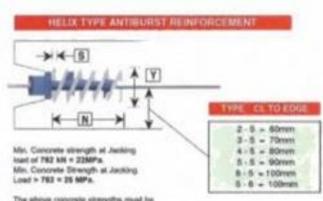
No. Of Strands	1	2	з	4	5	
A	50	50	50	50	50	50
8	50	100	250	250	300	350
C	10	10	10	10	12	12
D	150	150	350	350	500	500

Nin. Of Strands	1	2	3	4	8
A	50	50	50	50	50
8	50	100	250	270	350
C	3	3	3	. 3	3
D	900	900	900	900	900

SWAGED DEAD END 15.2 - 15.7

No. Of Strands	1	2	3	4	.6
A	50	50	50	50	-50
8 C D	50 10 150	100 10 150	250 10 350	270 10 500	250 12 500

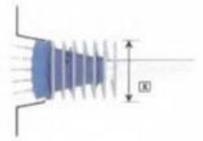




The above concrete strengths must be obtained from alte cured test samples.

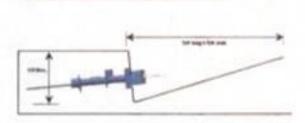
HELIX TYPE ANTIBURST DIMENSIONS

Bysteen	Ber Size (N)	Plack	No. of Turns (N)	ann (K)	in the second se
Up to 5 x 12.70	R18	85	8	280	100
8 x 13.70 4 Up to 5 x 15.30	NIE	65	1	208	110

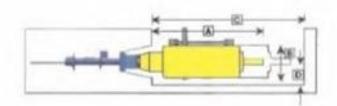


Note: The nominal draw-in is approximately timm at lock off.

Anchorage Friction Loss	1055	3%
Internal Pockets		5%
Duct Friction Losses	4=	0.20
Wobble Factor	1.1	0.02

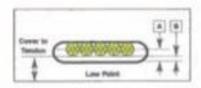


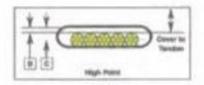
RECESS FOR STRESSING PAN



HELIX TYPE ANTIBURST DIMENSIONS					
System	Bar Size (5)	Pitch	No. of Turms (N)	Width mm (X)	Halight mm (Y)
Up to 5 x 12.70 8 x 12.70 & Up to 5 x 15.20	R10 N12	60 60	5	280	100

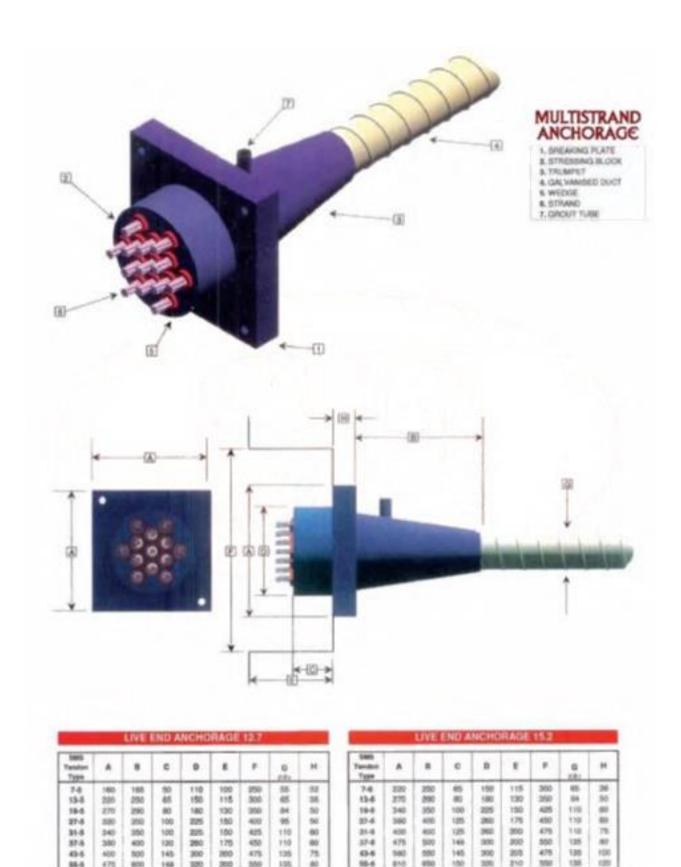
STRAND OFFSET IN DUCT





Strand		. 8	C.	
Diameter	(Nom.)	(Nom.)	(Non.)	
12.7	13			
15.2	11	4		





75.40

22-4

63-6

55-6

980 810

27-5

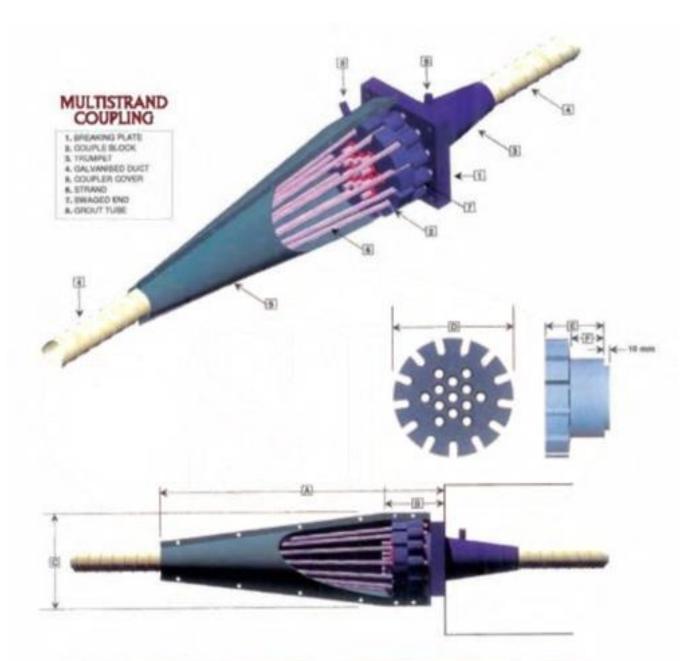
31-6

37-5

43-5

\$5-4



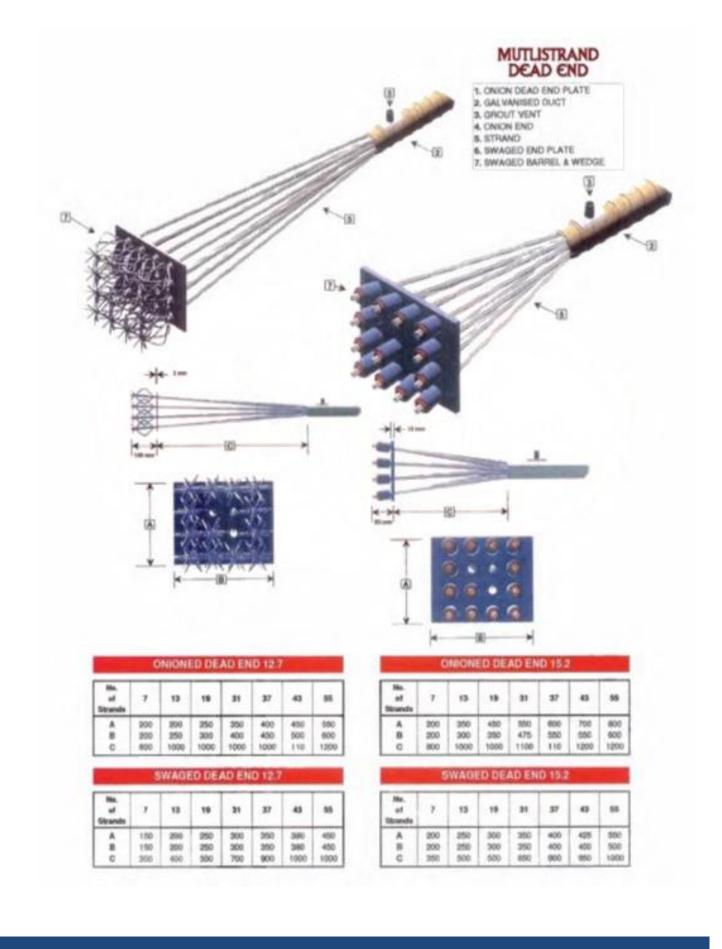


COUPLER COVER & BLOCK ANCHORAGE 12.7						
095 Tandos Tapa	A	8	c	Ð	ε.	٢
7-6	500	110	106	186	110	63
13-5	600	110	226	226	110	63
19-5	800	110	206	276	110	63
27-6	900	115	362	372	115	- 63
35-6	960	115	362	372	115	63
37-6	1200	130	400	420	130	- 63
43-5	1050	145	470	480	130	63
85.6	1000	165	490	480	145	40

SMS Tandon Type	A		e	8	8	٠
74	#30	3.10	210	226	110	
13-8	740	110	250	276	110	70
19-8	880	110	310	372	115	70
37-4	1906	150	290	420	130	70
31-6	1100.	150	396	420	190	70
37-6	1400	150	420	460	140	70
434	TBA	TBA	TBA	TEA	TBA	TEA
85-6	TBA	TILA	TEA	TBA	TBA	TEA

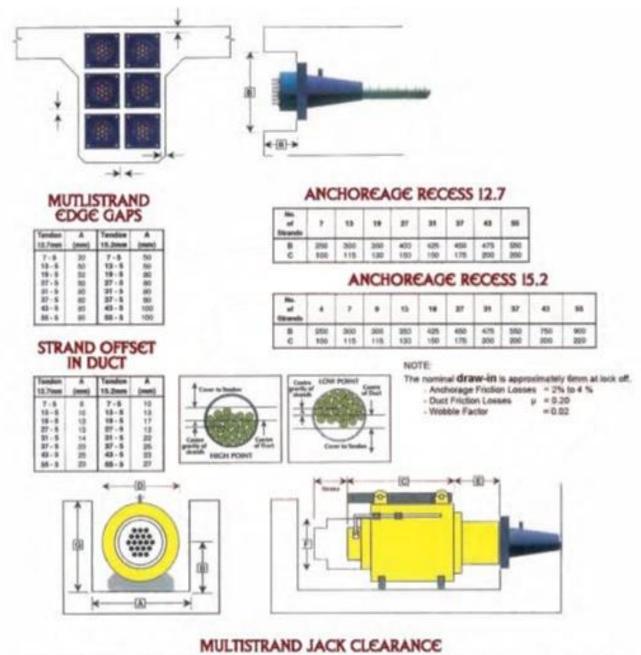
COUPLER COVER &





Company Profile





C G Jeck No. of Strands Strand Nominal Stroke A D Ē (Min.) (Min.) Mass (Max.) Туре (Max.) Length mm min mm 281 AT mm kg mm mas en es 7.5 6 4.6 7.6 47.6 7-5 & 7-6 13-5 & 7-6 19-5 4 13-6 31-5 & 19-6 55-5 & 37-6

BAHRAIN POST TENSION CONTRACTING [BPT]





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